

# Body sculpting & cellulite reduction treatments

Cellulite and resistant fat have different forms and grades and success needs a combination of treatments. At Body Renewal we want our patients to have great results and have thus combined internationally accepted body treatments at a much reduced price in a single treatment session. The full effect of each combined weekly treatment is accumulative & takes approximately 6 to 12 weekly treatments for results to be seen.

## Signature Body shaping treatments

**3D Body Renewal**, our signature body shaping treatment is one of the most effective body shaping solutions available and involves combining 5 clinical applications: Ultrashape, Radiofrequency, Carboxytherapy, Manual massage and Body renewal Lite, a body sculpting eating programme to reduce exercise resistant fat and dangerous intra abdominal fat. If the programme is strictly adhered to, a weight loss of 10kgs and a 10cm circumferential reduction in one month is possible. **From R3 750**

**3D Cellulite Solution**, our signature cellulite treatment combines the following cutting edge non-invasive cellulite technologies at an affordable price: Carboxytherapy, Radiofrequency, mesotherapy and Manual massage. from 6 to 12 treatments needed. **From R1 100**

**3D Skin Tightening**, is an effective way to tighten lax abdominal or body skin and combines four skin tightening applications viz Titan, Laser Genesis, Carboxytherapy and Radiofrequency to offer a non surgical, no downtime alternative treatment to tighten loose skin anywhere on the body. **From R3 500**

**3D Stretch Mark** is the ultimate stretch mark package which combines Carboxytherapy, Laser Genesis, Transdermal mesotherapy and Radiofrequency. **From R1 000**

**3 D Mommy Renewal** improves resistant fat, stretch marks and cellulite from pregnancy. If the programme is strictly adhered to, 10 to 12 kgs of acquired, resistant fat can be safely lost in 4 to 6 weeks - resulting in a shapely, sexy new you! **From R1 500**

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## Body Shaping devices

**Ultrashape®** is clinically proven to reduce fat thickness and body circumference by using non invasive high frequency ultrasound. A walk in, walk out procedure with no downtime. **From R3 200**

**Carboxytherapy** is a safe, minimally invasive procedure which involves injecting tiny amounts of CO<sub>2</sub> beneath the skin to improve cellulite. It can improve stretch marks and tighten lax skin due to ageing or post pregnancy. **From R 800**

**Lipodissolve/ Injection Lipolysis** - also known as Mesotherapy is used to reduce unwanted fat deposits by injecting a natural substance called lecithin to dissolve fat cells. **From R 500 per vial**

**Tripollar™** or Accent effectively treat cellulite and resistant fat by using radiofrequency to improve lymphatic circulation and stimulate dermal collagen. **From R 550**

**Velashape™** a 4 in 1 treatment, is an FDA approved medical device for the body reshaping, circumferential reduction and cellulite reductions. **From R 900**

**Transdermal Mesotherapy** with active ingredients for cellulite and body contouring uses no needle mesotherapy to improve lymphatic circulation and improve the appearance of cellulite. **From R 150**

**TMT anti-cellulite** from Mesoestetic uses transdermal active ingredients to treat problems of diffuse cellulite. 8 to 10 treatments needed. **From R 850 per treatment**

**Manual massage** uses knuckling and kneading lymph draining to improve the appearance of cellulite. **From R 250 30mins**

**Patricia Clarke wrap** is a full body wrap using neoprene bandages to effectively reduce fluid retention, facilitate circumferential loss and improve cellulite. **From R 600**

**Titan® Skin Tightening** (as recommended by Dr Rey from Doctor 90210) uses infra red light to shrink and tighten skin on any area of the body including the abdomen. **From R2 200**

**Slender Wonder** uses hCG, a prescription medication, to safely reduce dangerous intra-abdominal and exercise resistant fat whilst sparing muscle mass. If the programme is strictly adhered to, a weight loss of 10kgs in one month is possible. **From R1 500**