

# Hair Removal & Grooming for Men

Laser hair removal is the most effective treatment available and is medically proven to give you permanent hair reduction after 8 to 10 treatments. Common areas for hair removal in men include the chest, back, shoulders, neck, abdomen and buttocks. Ingrown hairs respond well to 2 or 3 laser hair removal treatments.

Pricing of our 4th generation IPL Prowave is available on request.

## Nd: Yag hair removal

### Face

Ears or Nose.	From R 150 each
Chin, Forehead, Unibrow or Sideburns.	From R 250 each
Moustache or Cheeks.	From R 450 each
Beard only.	From R 650
Neck Front or Back.	From R 625 each
Neck Front & Back combined.	From R1 025
Full Male beard including neck front and back.	From R1 500

### Body

Umbilicus, Nipple, Hands, Feet.	From R 280 each
Chest or Tummy.	From R1 200 each
Arms Top Half or Bottom half.	From R 800 each
Full arms or Shoulders only.	From R1 200 each
Upper Back or Lower back.	From R1 400 each
Full Back.	From R2 500
Buttocks.	From R2 000
Chest & Shoulders.	From R2 200
Upper Back & Shoulders.	From R2 200

### Legs

Upper half or lower half incl knee.	From R2 000
Full legs.	From R3 400

### Waxing

Chest or Full arm or shoulders or tummy.	From R 170
Back & Neck.	From R 200 each
Half leg.	From R 180
Full leg.	From R 250

### Male Grooming

Male Manicure Express 45 minutes.	From R 165
Male Pedicure Express 45 minutes.	From R 200
Grooming: Eyebrow & Nostril & Ear Wax combo.	From R 95
Botulinum Toxin for Hyperhidrosis.	From R4 500

# Anti Ageing Facial Treatments for Men

A man's skin is about 20% thicker than a woman's, so you are less vulnerable to the sun but you're still prone to dehydrated skin, especially if you shave daily. The anti-ageing facials rejuvenate, rehydrate and stimulate old skin cells to revert to their youthful renewal pattern, significantly improving skin quality.

Each anti ageing facial includes the following:

Exfoliating enzyme or Microdermabrasion or Peel  
Anti ageing option (Laser genesis, RF, PDT)  
Problem specific mask together with 10 minute neck massage  
Facial Massage of 10 minutes & Moisturise/SPF

**Microdermabrasion Facial** - Incorporates exfoliating enzyme and gentle polishing (6 mins). 8 sessions are recommended at 2 week intervals.

**From R 450 - 30 mins. Course of 6 facials R2 400**

**PDT Anti Ageing Facial** - A friendly, non invasive anti ageing treatment that uses light sequences for skin rejuvenation and acne. Includes microdermabrasion alternating with glycolic peel and a PDT /LED. 6 sessions are recommended at 2 week intervals.

**From R 700 - 60 mins. Course of 6 facials R3 800**

**Extraction Peel Facial** - A combination of a salicylic acid peel with gentle steaming and extractions to improve congested skin. Essential for treating pores.

**From R 750 - 60 mins. Course of 4 peels R2 700**

**Pore refining anti ageing facial** using laser improves pores, fine lines & wrinkles and includes a microdermabrasion and 4000 laser genesis or 400 WR E max pulses. 4 to 6 facials are recommended at 3 week intervals.

**From R1 050 - 60 mins. Course of 6 facials R5 700**

**Redness calming Facial** - This facial includes an exfoliating enzyme and an IPL procedure to the face to reduce the background redness associated with rosacea and sun damage.

**From R1 250 - 60 mins**

**Skin Tightening Anti Ageing Facial** - with Radiofrequency to improve the neck and sagging jowls and includes a glycolic peel and a 20 minute radiofrequency procedure of the jowls and neck. 6 treatments are recommended at 2 week intervals.

**From R1 000 - 60 mins. Course of 6 facials R5 400**

**Jowl slimming Facial** - One of our doctors injects a small amount of lecithin into the double chin area. This is followed by a radiofrequency skin tightening procedure. 6 treatments are recommended at 4 week intervals.

**From R1 100 - 45 mins. Course of 6 facials R6 000**