

Can heat rejuvenate my skin?



Regen TriPollar is a treatment that heats the lower layers of the dermis up to 40°, tricking skin into thinking it's being damaged and so speeding up collagen production. This may sound painful and potentially harmful, but it's

perfectly safe and, as everyone knows, more collagen means plumper and firmer skin.

THE PROMISE A more defined jaw line, better texture and a natural tightening of the skin over the whole face, eye area, upper lip and jaw line.

THE TREATMENT My therapist spread a clear conducting cream all over my face and neck, and swept a TriPollar "wand" over the same area, in circular motions, which felt surprisingly relaxing and comfortable. She kept checking to see if I was feeling any tingling or excessive heat. It's a very interactive treatment and I liked being able to feed back how it felt moment to moment. The whole session lasted for 45 minutes, as she went over the whole area twice. Follow-ups are just 30 minutes, so you can be in and out during your lunchtime!

OUCH FACTOR None – I initially felt nothing more than a gentle massaging of the facial skin, followed by a pleasant warming sensation.

VERDICT This is incredible! After just one session, the lines around my eyes, mouth and neck had noticeably lessened, and my skin bore a flushed pink – no burn, just freshly stimulated skin! After I'd had the third and fourth treatments, several of my friends asked me if I'd had anything "done".

COST R500 per treatment on one area only. Treatment is suitable for use on the bottom, face, neck, back of arms and thighs. TriPollar can also be combined with a chemical peel and transdermal mesotherapy for optimum results.

WHERE TO GO Skin Renewal Aesthetic Clinic, Fourways, 011 467 8742; Dante Wellness, Sea Point, 021 434 1011; Leisure Isle, Knysna, 044 384 0806.