



CRYOLIPO *fat freezing*



Cryolipo, also known as fat freezing, has revolutionized the field of body contouring at Skin Renewal. This non-surgical alternative to liposuction effectively eliminates stubborn fat deposits by freezing them into crystals, leading to the destruction of fat cells.

The primary goal of Cryolipo is to reshape the body and improve the appearance of resistant fat bulges. This treatment is suitable for individuals who have reached their target weight but still struggle with localized areas of stubborn fat.

To determine if you are at your goal weight, your BMI should be below 27. You can calculate your BMI by dividing your weight by your height twice (e.g., 69kg / 1.8m / 1.8m). We recommend considering our RID Program if you have excess weight to lose.

In some cases, if your BMI is 27 or higher, this treatment may be less effective due to the density of the fat. In such instances, alternative procedures such as Radiofrequency and Cekarrelli injections may be recommended. An indicator of suitability for Cryolipo Fat Freezing is the ability to grasp the fat pocket with your hand.

Common treatment areas for Cryolipo Fat Freezing include the abdomen, inner and outer thighs, bra bulges, upper arms, and love handles. These treatments are typically spaced every 6-8 weeks and are often combined with Carboxytherapy and Radiofrequency in a comprehensive treatment package. Generally, 1-3 treatments could be required to achieve the desired results.

To begin your journey, the first step is to book an appointment with one of our doctors, who will analyse your area of concern and provide personalised recommendations. Please note that a consultation fee of R600, payable in advance, is required to secure your booking.

The R600 prepayment goes towards your first treatment, provided it is scheduled within three months following the consultation date. If not undertaken within the three months, the prepayment will be redeemed as the consultation fee.

Please let us know if you would like assistance booking an appointment or have any further questions.

Before Treatment



12 Weeks After Treatment



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SKIN **renewal**