



Hands, Feet & Neglected Areas

PRICE LIST • 2016

renewal institute
incorporating
skin • body • health • brain • sleep
the complete medical solution

Hands, Feet & Neglected Areas

Spoil yourself with a treatment that will revitalise your environmentally stressed hands & feet. Our nail stations are on the cutting edge of hygiene, with doubly sterilised tools.

Hand Treatments

Standard Manicure	From R300
File & Re-Varnish Hands	From R120
French Polish	Additional R30

Deluxe Manicure From R370

A full house treatment incorporating detail to the cuticles, full exfoliating hand scrub and a nourishing hand and forearm massage.

Foot Treatments

Standard Pedicure	From R340
Deluxe Pedicure & Foot Massage	From R400
Foot Massage	From R160
File & Re-Varnish Feet	From R120
French Polish Feet	Additional R30
Combination Manicure & Pedicure	From R600
File & Re-Varnish Hands & Feet	From R240

Hands, Feet & Neglected Areas

Neglected Areas

The hands, neck & décolleté are usually ignored in the average woman's skin care regimen, giving our age away before our faces do. New generation rejuvenation treatments done in a series of 3 to 6 treatments can improve sunspots and texture. Fillers such as Restylane Vital plump up the skin. Chemical peels and IPL treatments can improve sunspots and texture.

Hands, Neck and Décolleté

Acutip / LimeLight IPL laser for sunspots
From R150 per shot or R895 per area

Carboxytherapy Hand Rejuvenation
From R650 per area

Yellow Peel for neck or décolleté
From R2 200

20% Glycolic Peel
From R450 per area

Injection Mesotherapy with 5mls Growth Factors
From R850

Arm Rejuvenation Treatments

IPL / LimeLight (arms and hands)
From R2 600

20% Glycolic or Beta Peel (arms and hands)
From R950

70% Glycolic Peel (arms)
From R1 500

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Eye Rejuvenation Treatments (per treatment)

Carboxytherapy Eye Rejuvenation **From R715**
Restylane under eyes **From R4 450**

Pearl Fusion **From R10 500**

Overlay of eyes including the top and bottom lid and crow's feet.

Tinting & Grooming

Lash / Brow Tint **R100**
Brow Shape **R110**
Lash & Brow Tint & Shape **R155**

Back Rejuvenating Treatments

Back Deep Cleanse **From R775**
Extraction Peel Back **From R1 450**
70% Glycolic Peel **From R1 400**

Elbows / Heels / Knees

Yellow Peel **From R650**

Legs for Generalised Rejuvenation

Full Leg 20 % Glycolic **From R950**
70% Glycolic Peel **From R3 000**

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